



# CAPRON NEWS

May 1, 2024

## Calendar Events

- \* May **Online Registration**
- \* May 8 Late Start
- \* May 13 PTO Meeting 4PM
- \* May 6-10: Staff Appreciation Week
- \* May 16 Spring Musical 6-7pm
- \* May 20 4th Grade Fly Up
- \* May 23 1:00—2:45 PM Field Day
- \* May 23 Last Day of School

## REGISTRATION IS OPEN!

Registration for the 2024-25 school year IS ONLINE ONLY. Go to [www.nbcusd.org](http://www.nbcusd.org) Please enroll your student as soon as possible so your child will be on the Capron Elementary roster or notify the front office if your child will be attending elsewhere next school year.

We need to account for every student and would greatly appreciate your help!



### FLY-UP DAY

Capron 4th grade students will be attending a special **FLY-UP DAY** at the Upper Elementary School on May 20th.

The purpose of this event is to take a tour of the school and to meet the UE Staff.

If there are any questions or concerns, please contact the office @ 815-569-2314



During the last week of school, it is a good idea to send in at least one large bag (paper grocery, or reusable grocery bag) for your child's teacher to send things home in.



### SUMMER OFFICE HOURS

The school office will be open from 8:30am – 2:00 pm from June 1 – June 9 to close out the 2023-2024 school year. The office will reopen for the 2024-2025 school year on Tuesday, **August 6, 2024**. If you need information when the office is closed, please contact the District Office at 815-765-3322.

## From the School Nurse's Office



All Kindergarten and Second grade should have their dental forms or waivers turned in to the Nurse by May 15, 2024.

Physicals and immunizations need to be completed before the 1st day of school for Pre-K, Kindergarten and new students. Please email all physical, dental and immunization records as soon as you get them completed over the summer. Email them to [kferguson@nbcusd.org](mailto:kferguson@nbcusd.org) or upload to the enrollment portal before the 1st day of school. Any students that do not have these before the first day may be excluded from attending.

Student medication needs to be picked up by the last day of school. If your student is attending summer school and needs medication, please contact the School Nurse.

## Boone County Student Art Show

Congratulations to the following students that have been chosen this year for the Boone County Student Art Show. Their artwork will be on displayed at the Boone County Museum of History

April 30-May 4

Jazlyn Garcia

Cesar Diaz

Liam Jenkins

Julio Rico

Miguel Ojeda

Diego Garcia

Sherlin Lopez

Perla Mercado

Birklee Sunden

Geneva Nelson

Elleney Ogan

Elliot Proffitt

Hila Gonzalez

Carleigh Ferretti

Luke Overton

Sofia Garcia

Isabela Lamberg John Nelson

Mateo Rico

Addison Rubert

Chrystal Garcia



May 23  
1:00—2:45



Field Day is a day when students get to participate in fun activities outside the classroom and gym.

## LOST & FOUND

Please encourage students to check the lost and found box.  
All unclaimed items will be donated to a local organization during the winter break.



## Lunch Accounts



As we get to the end of the school year please make sure your children have enough money in their lunch accounts. All negative balances need to be taken care of before school is out for the summer. Any left over money will stay in their accounts for the children to use next year.



## End of the Year Expectations



- The end of the school year is quickly approaching. There are many fun activities for students to participate in through the end of May (field trips, field day, etc...). However, all of these fun activities are a privilege for students who are showing appropriate behavior and have met academic expectations in the classroom.
- Please remind your child that school rules and expectations are enforced through the end of the school year. Consequences for failing to meet expectations may include loss of participation in these activities.



## PRESCHOOL ATTENDANCE POLICY

All Preschool students are expected to attend school every day. Your child's attendance is a **MANDATORY REQUIREMENT** in order to participate in this program. Attendance is taken upon arrival every day. As a courtesy, we ask that you contact the school by 8:00 am / 11:30 am if your child will not be attending that day. Since our site is regulated by the state for this program, we are required to report attendance on an ongoing basis. We understand that sometimes your child may be ill or there may be a family situation. We ask that you commit to the following:

- Your child arrives to their session **ON TIME** and are picked up on time.
- You make every effort to schedule doctor appointments before or after your child's session time.
- If you have an appointment and arrive late, please bring a doctor's excuse.
- If your child is absent, you must provide an excuse when they return with the date and reason.



THANKS FOR LIFTING  OUR TEACHERS!



Teacher Appreciation Week  
May 6<sup>th</sup>- 10<sup>th</sup>



**Monday** ☉ **write UP**

Have your student write a note, a poem or bring a drawing to their teacher!

**Tuesday** ☉ **stock UP**

Bring a school supply to your teacher to help keep their supplies stocked up!

**Wednesday** ☉ **Eat UP**

Bring your teacher a sweet treat to let them know how much you care about them!

**Thursday** ☉ **Dress UP**

Show how much you know about your teacher by wearing their favorite color, sports team, of other interest!



**Friday** ☉ **offer UP**

Say thank you for all your teacher has done this year by bringing a gift card to one of their favorite places or offer to do tasks in the classroom to say thank you!

**Don't forget to include your special teachers!**

Thank you for  lifting our teachers this week!





## Capron, Poplar Grove, & Manchester

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Mini Corn Dogs</b> 27g Corn 17g Fresh Broccoli 11g Mixed Fruit 16g	2 <b>Chicken Patty on Bun</b> 47g Smiley Potatoes 20g Baby Carrots 12g Peaches 12g	3 <b>Cheese Stuffed Crust Pizza</b> 35g Cucumber Slices 2g Baby Carrots 12g Pears 14g Chocolate Chip Cookie 17g
6 <b>Pancakes w/ Sausage</b> 40g Hashbrown 15g Cherry Star Juice 13g Cinnamon Applesauce 25g	7 <b>Taco Pizza</b> 28g salsa & sour cream 6g Nacho Cheese Doritos 20g Corn 17g Mixed Fruit 16g	8 <b>LATE START</b> <b>Chef's Choice!</b> <b>Menu for this week will be sent out after May 1st</b>	9 <b>Chicken Nuggets</b> 14g <b>Mac-N-Cheese</b> 18g Fresh Broccoli 11g Fresh Fruit 21-29g	10 <b>Cheese Pizza</b> 34g Baby Carrots 12g Garden Salad 5g Pears 14g Sugar Cookie 17g
13 <b>French Toast Sticks w/ Sausage</b> 26g Hashbrown 15g Dragon Punch Juice 14g Applesauce 22g	14 <b>Beefy Nachos</b> w/ taco meat, cheese sauce & salsa 37g Corn 17g Fresh Fruit 21-29g	15 <b>Cheeseburger on Bun</b> 31.2g Tater Tots 19g Baked Beans 29g Peaches 12g	16 <b>Chicken &amp; Waffles</b> 28g (Chicken Tenders w/ waffles) Baby Carrots 12g Broccoli 11g Peaches 12g Syrup Cup 30g	17 <b>Pepperoni Pizza</b> 34g Garden Salad 5g Cucumber Slices 2g Cheddar Goldfish 14g Slushie 22g
20 <b>Chef's Choice!</b> <b>Menu for this week will be sent out after May 1st</b>	21 <b>Chef's Choice!</b> <b>Menu for this week will be sent out after May 1st</b>	22 <b>Chef's Choice!</b> <b>Menu for this week will be sent out after May 1st</b>	23 <b>Chef's Choice!</b> <b>Menu for this week will be sent out after May 1st</b>	<b>Have a great Summer Vacation!</b>
*** Please remember to pay off your negative lunch balances. These balances must be paid by the end of the school year. Reach out to your building secretary or myself (Jamie Carollo - <a href="mailto:jcarollo@nbcusd.org">jcarollo@nbcusd.org</a> ) to check balances.**			**Starting April 2nd** Uncrustables will be available as a 2nd choice Mon, Wed, & Fri. Yogurt Lunch as a 2nd choice will be available Tues & Thur.	
Fat Free & 1% milk served daily with meals Menu subject to change without notice				



# Summer

=> Bucket list =<

- Bike Ride
- Have a BBQ
- Road Trip
- Go Fishing
- Go to the Zoo
- Read 8+ Books
- Camp in the Backyard
- Go to the Beach
- Catch Bugs
- Fly a Kite
- Jump on a Trampoline
- Walk for ice Cream
- Build a Sand Castle
- Have a Water Fight
- Have a Picnic
- Play Swing Ball
- Visit a Farm
- Go to the Park
- Family Sleepover
- Movie Night
- Visit a Museum
- Play Board Game
- Go Pond Dipping
- Make Bird Feeders
- Collect Sea Shells
- Play Lawn Twister
- Climb Trees
- Go to the Zoo
- Have a Water Fight
- Have a BBQ

Where do sheep go for summer vacation?  
The baa-hamas!

Why did the echo get detention on the last day of school?  
It kept answering back!

Why did the Tootsie Roll go to summer school?  
It wanted to be a Smartie!

What is a math teacher's favorite season?  
Sum-mer!

How can you make the last day of school fly by?  
Throw a clock!

Why was the teacher cross-eyed on the last day of school?  
She lost control of her pupils!

# North Boone Open

## Track Meet- May 31, 4:30 pm



3rd Annual all ages track meet for all ages & experience levels to celebrate the thrill of competition with friends, family, alumni, and rising stars.

**When:** May 31; Check-in & Warmup 4:30-5:30 pm, Field Events 5:30 pm; Track Events 6:30 pm; Registration due ASAP but registration at the event welcome

**Events:** 5 individual events will be scored as a Pentathlon: 60 m. dash, 60 m. hurdles, 400-1000 m. run (distance depends on age), long jump, shot put. 4x100 m. relay (not scored in the pentathlon)

**Awards:** Medals will be announced and awarded to pentathlon winners, ribbons will be posted and awarded to event winners

**Cost:** \$20 for up to six events (five pentathlon + relay), t-shirt included. There will be a \$5 gate for spectators, 3 & under free.

**Concessions:** Food and beverages will be available for purchase at the event.

**Raffle:** Raffle baskets will be available. Ticket price \$1 at the event.

Name:	Email:
Age:	T-Shirt Size: YS - YM - YL - S - M - L - XL - XXL

Mail Registration & Checks to:  
North Boone High School Attn: Boys Track & Field  
17823 Poplar Grove Road  
Poplar Grove, IL 61065  
*Checks payable to North Boone Boys Track & Field*

### Register Online

<https://forms.gle/YFdJHtKpzdzimH4G6>

- Online Registration can pay at event at the *Check In* table or mail check

#### Meet Details

- **All Proceeds to Boys Track & Field to pay for essential**
- Check-in & warm-up: 4:30 pm at the south side of the track
- Field Events
  - Begin at 5:30 pm
  - Open pit/ring; Cafeteria style (line up)
  - 3 Attempts, no finals
- Track Events
  - Begin at 6:30 pm
  - **60 m/60 hurdles run on grass—spikes welcome. 400m.-1k run on asphalt surface—running flats only**
- 4x100 Relay
  - No registration required
  - Battons provided
- Contact email: [rwilliams@nbcusd.org](mailto:rwilliams@nbcusd.org)

# North Boone Open

## Track Meet- Sponsorship



**Why:** The North Boone track program is hosting a community, all ages track meet to build community at a family fun event while raising funds.

**When:** May 31, 5:30 p.m.; Sponsorships due May 10

**Sponsorship Options & Cost:** Indicate which sponsorship options by placing “X” in the right side column.

Level	Description	Cost	X
Compass	Color Design 24”x18” Yard Sign Placed @ Field Event	\$50	
Longship	T-Shirt Sponsor–4”x4” sponsor graphic on the back of 100 NB Open T-Shirts...limit 12 sponsors	\$100	
Voyager	Color Design 48”x48” Yard Sign Placed @ Trackside Homestretch	\$150	
Viking	Field event sign 24”x18” sign, t-shirt sponsor, trackside sign 48”x48”	\$250	

- There is limited space on the back of the shirts so only the first 12 *Longship* level sponsorships will be accepted. If additional registrations are received at that level are received, sponsor will be contacted to reassign sponsorship level

- Contact email: [rwilliams@nbcusd.org](mailto:rwilliams@nbcusd.org)

### All Proceeds to Boys Track & Field

Mail Registration & Checks to:  
 North Boone High School Attn:  
 Boys Track & Field  
 17823 Poplar Grove Road  
 Poplar Grove, IL 61065  
*Checks payable to North Boone  
 Boys Track & Field*

Name of Sponsorship:

- Please submit a color print of your logo by mailing it with registration or electronically to [rwilliams@nbcusd.org](mailto:rwilliams@nbcusd.org)
- Sponsorships due May 10, 2024



# SUMMER RUNNING

WITH NORTH BOONE  
CROSS COUNTRY

FOR STUDENTS OF ALL  
AGES - KIDS  
YOUNGER THAN 5TH  
GRADE ARE WELCOME  
WITH AN ADULT  
RUNNER

No cost or sign-up  
necessary, just join us at  
the park.

Bring your water bottle!



**June 10 - July 26\***

**Mondays** @ the Lions Park in Poplar Grove - 8:30-10:00 a.m.

**Wednesdays** @ Kinnikinnik Park - 6:00 p.m. - 7:30 p.m.

**Fridays** @ the Lions Park in Capron - 8:30 a.m.-10:00 a.m.

\*we will not meet 7/1-7/5

## Questions?

Contact NBHS Cross Country  
Coach Carrie Morelock  
[cas-cmorelock@nbcusd.org](mailto:cas-cmorelock@nbcusd.org)

Follow

**northboonecrosscountry**

on Instagram for updates throughout the  
summer



